



## Podlaskie Wojewódzkie Zawody LDK! 2024 BIAŁYSTOK, 11.05.2024



### MEŻCZYŻNI/MEN

#### Pchnięcie kulą M U14 (4kg)

|   |                     |          |                            |      |      |      |      |
|---|---------------------|----------|----------------------------|------|------|------|------|
| 1 | KALINOWSKI Piotr    | 11-03-30 | GOKSiT Suchowola           | PD   | 8.45 |      |      |
| 2 | JANKOWSKI Krystian  | 11-08-27 | UKS Rotmistrz Ciechanowiec | PD   | 7.55 | PB   |      |
| 3 | OSKALDOWICZ Wiktor  | 12-04-21 | KS Podlasie Białystok      | PD   | 6.54 |      |      |
| 4 | MATYSKIEL Sebastian | 11-07-23 | KS Podlasie Białystok      | PD   | 6.49 | PB   |      |
| 5 | DOMAŃSKI Daniel     | 12-12-14 | KS Podlasie Białystok      | PD   | 4.31 |      |      |
| 6 | MAŃKOWSKI Krzysztof | 12-10-18 | KS Parkiet Hajnówka        | PD   | 4.16 |      |      |
|   |                     | I        | II                         | III  | IV   | V    | VI   |
|   | KALINOWSKI Piotr    | 8.45     | 8.14                       | 8.20 | 8.20 | 7.66 | 7.62 |
|   | JANKOWSKI Krystian  | 7.36     | 7.55                       | 7.45 | 7.11 | 7.16 | 7.23 |
|   | OSKALDOWICZ Wiktor  | 6.25     | 6.30                       | 6.54 | 6.25 | 6.44 | 6.22 |
|   | MATYSKIEL Sebastian | 6.17     | 6.48                       | 6.45 | 6.46 | 6.25 | 6.22 |
|   | DOMAŃSKI Daniel     | 4.31     | 4.20                       | 3.97 | x    | 3.70 | 3.99 |
|   | MAŃKOWSKI Krzysztof | x        | 3.32                       | 3.30 | 3.63 | 3.81 | 4.16 |

#### Skok wzwyż M U14

|                   |          |                       |     |      |     |     |     |  |  |
|-------------------|----------|-----------------------|-----|------|-----|-----|-----|--|--|
| GRUPA WZWYŻNI 014 |          |                       |     |      |     |     |     |  |  |
| 1 KOZIOŁ Błażej   | 11-03-23 | KS Podlasie Białystok | PD  | 1.40 |     |     |     |  |  |
| 2 ZAŁĘSKI Tymon   | 11-07-13 | KS Podlasie Białystok | PD  | 1.25 |     |     |     |  |  |
|                   | 120      | 125                   | 130 | 135  | 140 | 145 | 150 |  |  |
| KOZIOŁ Błażej     | 0        | 0                     | x0  | 0    | xx0 | xxx |     |  |  |
| ZAŁĘSKI Tymon     | x0       | 0                     | xxx |      |     |     |     |  |  |

#### Skok w dal ze strefy M U12

|    |                    |          |                            |      |      |    |    |
|----|--------------------|----------|----------------------------|------|------|----|----|
| 1  | CIUCHTA Sebastian  | 13-04-14 | KS Podlasie Białystok      | PD   | 4.34 | PB |    |
| 2  | DAWIDZIUK Michał   | 13-05-02 | KS Podlasie Białystok      | PD   | 3.80 | PB |    |
| 3  | MINKIEWICZ Ksawier | 13-05-14 | KS Podlasie Białystok      | PD   | 3.73 |    |    |
| 4  | KRYŃSKI Aleksander | 13-06-26 | UKS Rotmistrz Ciechanowiec | PD   | 3.54 |    |    |
| 5  | BURZYŃSKI Piotr    | 13-07-08 | KS Podlasie Białystok      | PD   | 3.50 |    |    |
| 6  | JAWORUCKI Hubert   | 13-05-29 | KS Podlasie Białystok      | PD   | 3.49 |    |    |
| 7  | KOZŁOWSKI Jakub    | 13-08-02 | KS Podlasie Białystok      | PD   | 3.40 |    |    |
| 8  | MANCEWICZ Marcel   | 13-05-05 | KS Podlasie Białystok      | PD   | 3.07 |    |    |
| 9  | FRANKOWSKI Dominik | 14-03-20 | KS Podlasie Białystok      | PD   | 3.04 |    |    |
| 10 | ŚWIDERSKI Kamil    | 13-09-28 | KS Podlasie Białystok      | PD   | 2.58 |    |    |
|    |                    | I        | II                         | III  | IV   | V  | VI |
|    | CIUCHTA Sebastian  | 4.34     | 4.23                       | 4.05 | 4.04 |    |    |
|    | DAWIDZIUK Michał   | 3.80     | 3.43                       | 3.28 | 3.34 |    |    |
|    | MINKIEWICZ Ksawier | 3.67     | 3.36                       | 3.73 | 3.62 |    |    |
|    | KRYŃSKI Aleksander | 3.49     | 3.54                       | 3.48 | 3.30 |    |    |
|    | BURZYŃSKI Piotr    | 3.25     | 3.44                       | 3.50 | 3.42 |    |    |
|    | JAWORUCKI Hubert   | 3.49     | 3.34                       | 3.32 | 3.39 |    |    |
|    | KOZŁOWSKI Jakub    | 3.30     | 3.35                       | 3.23 | 3.40 |    |    |
|    | MANCEWICZ Marcel   | 3.07     | 3.02                       | 2.65 | 2.84 |    |    |
|    | FRANKOWSKI Dominik | 2.92     | 3.04                       | 3.00 | 3.00 |    |    |
|    | ŚWIDERSKI Kamil    | x        | 2.55                       | 2.58 | x    |    |    |

#### Skok w dal M U14

|    |                      |          |                            |      |      |      |      |
|----|----------------------|----------|----------------------------|------|------|------|------|
| 1  | FAŁTYNOWICZ Adam     | 11-08-17 | LUKS Hańcza Suwałki        | PD   | 5.18 | PB   |      |
| 2  | DĄBROWSKI Aleksander | 11-09-06 | LUKS Hańcza Suwałki        | PD   | 4.62 | PB   |      |
| 3  | SIEMION Paweł        | 11-03-21 | KS Podlasie Białystok      | PD   | 4.42 | PB   |      |
| 4  | GRABOWSKI Filip      | 11-01-12 | KS Podlasie Białystok      | PD   | 4.35 |      |      |
| 5  | JUREWICZ Tomasz      | 11-06-04 | LUKS Hańcza Suwałki        | PD   | 4.21 |      |      |
| 6  | ŻUKOWSKI Karol       | 12-04-07 | KS Podlasie Białystok      | PD   | 4.17 |      |      |
| 7  | ORŁOWSKI Adam        | 11-10-26 | LUKS Hańcza Suwałki        | PD   | 4.16 |      |      |
| 8  | SZYMAŃSKI Krzysztof  | 11-02-05 | UKS Rotmistrz Ciechanowiec | PD   | 3.93 |      |      |
| 9  | BIELAWSKI Hubert     | 11-09-30 | KS Podlasie Białystok      | PD   | 3.81 |      |      |
| 10 | JASIELON Sebastian   | 12-07-20 | LUKS Hańcza Suwałki        | PD   | 3.79 |      |      |
| 11 | KURYŁO Natan         | 12-05-09 | LUKS Hańcza Suwałki        | PD   | 3.77 |      |      |
| 12 | WOŁOSEWICZ Szymon    | 12-10-07 | KS Podlasie Białystok      | PD   | 3.52 |      |      |
| 13 | GOGOL Bartłomiej     | 12-07-27 | KS Podlasie Białystok      | PD   | 3.46 |      |      |
| 14 | KOMOROWSKI Jakub     | 12-05-02 | LUKS Hańcza Suwałki        | PD   | 3.33 |      |      |
| 15 | MONACH Mikołaj       | 12-12-20 | KS Parkiet Hajnówka        | PD   | 3.31 |      |      |
| 16 | KUZEBSKI Kornel      | 12-12-15 | KS Podlasie Białystok      | PD   | 3.28 |      |      |
|    |                      | I        | II                         | III  | IV   | V    | VI   |
|    | FAŁTYNOWICZ Adam     | 4.82     | 5.18                       | 4.96 | 5.15 | x    | 4.83 |
|    | DĄBROWSKI Aleksander | x        | 4.25                       | 3.27 | 3.06 | 4.62 | x    |
|    | SIEMION Paweł        | 4.17     | 4.16                       | 4.42 | 4.11 | 4.23 | 4.23 |
|    |                      |          |                            |      | +0.8 | +0.4 | +0.4 |
|    | GRABOWSKI Filip      | 4.23     | 4.21                       | 4.16 | 4.31 | 4.35 | 4.32 |
|    | JUREWICZ Tomasz      | x        | 4.21                       | 3.79 | 3.42 | 3.97 | 3.95 |
|    | ŻUKOWSKI Karol       | 4.03     | 3.95                       | 3.97 | 4.16 | 3.78 | 4.17 |
|    | ORŁOWSKI Adam        | 3.78     | -                          | 3.86 | 3.95 | 4.16 | 3.59 |
|    | SZYMAŃSKI Krzysztof  | 3.91     | 3.51                       | 3.74 | 3.93 | 3.91 | 3.60 |
|    | BIELAWSKI Hubert     | x        | 3.81                       | 3.81 |      |      |      |



|                    |      |      |      |
|--------------------|------|------|------|
| JASIELON Sebastian | 3.79 | -    | 3.75 |
| KURYŁO Natan       | 3.51 | 3.77 | 3.73 |
| WOŁOSEWICZ Szymon  | 3.51 | 3.45 | 3.52 |
| GOGOL Bartłomiej   | x    | 3.46 | x    |
| KOMOROWSKI Jakub   | 3.33 | x    | 2.52 |
| MONACH Mikołaj     | x    | x    | 3.31 |
| KUZEBSKI Kornel    | 3.21 | 3.28 | 3.09 |

#### 1000 metrów M U14

|                       |          |                       |    |         |    |
|-----------------------|----------|-----------------------|----|---------|----|
| 1 CHILICKI Mikołaj    | 12-01-18 | UKS Technik Augustów  | PD | 3:21.84 |    |
| 2 SAWICKI Ksawery     | 11-08-01 | LUKS Hańcza Suwałki   | PD | 3:24.49 | PB |
| 3 CHOJNOWSKI Wojciech | 11-02-20 | LKS Narew Łomża       | PD | 3:29.13 |    |
| 4 BIAŁY Jan           | 12-01-14 | KS Podlasie Białystok | PD | 3:36.40 |    |
| 5 BUCZKO Szymon       | 11-11-16 | KS Podlasie Białystok | PD | 3:41.67 |    |
| 6 LUTY Błażej         | 12-06-21 | GOKSiT Suchowola      | PD | 3:46.47 |    |
| 7 JAKUCEWICZ Jan      | 12-03-17 | UKS Technik Augustów  | PD | 3:48.15 |    |
| 8 MAŃKOWSKI Krystian  | 12-10-18 | KS Parkiet Hajnówka   | PD | 3:52.67 |    |
| 9 SKIBICKI Daniel     | 12-04-02 | GOKSiT Suchowola      | PD | 4:17.50 |    |

#### 1000 m przeszkody M U16

|                       |          |                            |    |         |    |
|-----------------------|----------|----------------------------|----|---------|----|
| 1 KALINOWSKI Dawid    | 09-05-10 | KS Prefbet-Sonarol         | PD | 3:07.57 |    |
| 2 MAZIEWSKI Marcel    | 09-08-08 | LUKS Hańcza Suwałki        | PD | 3:08.45 | PB |
| 3 DELEGACZ Beniamin   | 09-11-29 | LUKS Hańcza Suwałki        | PD | 3:20.12 |    |
| 4 MOCZULSKI Dawid     | 09-09-09 | UKS Rotmistrz Ciechanowiec | PD | 3:22.75 |    |
| 5 RUCZAJ Mikołaj      | 10-08-15 | KS Podlasie Białystok      | PD | 3:26.18 |    |
| 6 WALUKIEWICZ Jakub   | 10-04-21 | LUKS Hańcza Suwałki        | PD | 3:30.25 |    |
| 7 MISIEWICZ Damian    | 10-11-06 | GOKSiT Suchowola           | PD | 3:38.96 |    |
| 8 AMBROSIEWICZ Szymon | 10-06-10 | LUKS Hańcza Suwałki        | PD | 3:43.08 |    |

#### 100 metrów M U14

|                        |          |                       |       |       |  |
|------------------------|----------|-----------------------|-------|-------|--|
| Bieg 1/2               | +2.9 M/S |                       | 11:28 |       |  |
| 1 PARZYCH Mateusz      | 11-07-25 | KS Podlasie Białystok | PD    | 13.22 |  |
| 2 FAŁTYNOWICZ Adam     | 11-08-17 | LUKS Hańcza Suwałki   | PD    | 13.32 |  |
| 3 SIEMION Paweł        | 11-03-21 | KS Podlasie Białystok | PD    | 13.97 |  |
| 4 ZAŁĘSKI Tymon        | 11-07-13 | KS Podlasie Białystok | PD    | 14.29 |  |
| 5 JANKOWSKI Marcel     | 11-12-18 | KS Podlasie Białystok | PD    | 15.05 |  |
| 6 MONACH Mikołaj       | 12-12-20 | KS Parkiet Hajnówka   | PD    | 15.32 |  |
| 7 WOŁOSEWICZ Szymon    | 12-10-07 | KS Podlasie Białystok | PD    | 15.75 |  |
| Bieg 2/2               | +1.9 M/S |                       | 11:32 |       |  |
| 1 DĄBROWSKI Aleksander | 11-09-06 | LUKS Hańcza Suwałki   | PD    | 14.16 |  |
| 2 BIELAWSKI Hubert     | 11-09-30 | KS Podlasie Białystok | PD    | 14.46 |  |
| 3 ŻUKOWSKI Karol       | 12-04-07 | KS Podlasie Białystok | PD    | 14.82 |  |
| 4 MONACH Łukasz        | 12-12-20 | KS Parkiet Hajnówka   | PD    | 15.22 |  |
| 5 GOGOL Bartłomiej     | 12-07-27 | KS Podlasie Białystok | PD    | 15.25 |  |
| 6 KUZEBSKI Kornel      | 12-12-15 | KS Podlasie Białystok | PD    | 16.96 |  |

#### 300 metrów M U14

|                       |          |                            |       |         |  |
|-----------------------|----------|----------------------------|-------|---------|--|
| Bieg 1/2              |          |                            | 13:49 |         |  |
| 1 PARZYCH Mateusz     | 11-07-25 | KS Podlasie Białystok      | PD    | 42.97   |  |
| 2 GRABOWSKI Filip     | 11-01-12 | KS Podlasie Białystok      | PD    | 44.52   |  |
| 3 WILCZEWSKI Jakub    | 12-01-16 | KS Prefbet-Sonarol         | PD    | 45.56   |  |
| 4 KURYŁO Natan        | 12-05-09 | LUKS Hańcza Suwałki        | PD    | 49.39   |  |
| 5 JANKOWSKI Marcel    | 11-12-18 | KS Podlasie Białystok      | PD    | 52.41   |  |
| Bieg 2/2              |          |                            | 13:52 |         |  |
| 1 SZYMAŃSKI Krzysztof | 11-02-05 | UKS Rotmistrz Ciechanowiec | PD    | 46.74   |  |
| 2 JUREWICZ Tomasz     | 11-06-04 | LUKS Hańcza Suwałki        | PD    | 53.21   |  |
| 3 MONACH Łukasz       | 12-12-20 | KS Parkiet Hajnówka        | PD    | 55.35   |  |
| 4 POPŁAWSKI Antoni    | 12-01-02 | KS Podlasie Białystok      |       | 1:00.44 |  |

#### 300 metrów ppł M U16

|                     |          |                       |       |       |    |
|---------------------|----------|-----------------------|-------|-------|----|
| Bieg 1/1            |          |                       | 14:42 |       |    |
| 1 GUTOWSKI Kuba     | 09-01-08 | KS Podlasie Białystok | PD    | 45.89 | PB |
| 2 WIERZBIŁO Bartosz | 10-10-04 | LUKS Hańcza Suwałki   | PD    | 49.25 |    |
| 3 JUREWICZ Mikołaj  | 10-03-08 | LUKS Hańcza Suwałki   | PD    | 50.35 |    |
| 4 KULESZA Wiktor    | 10-08-10 | LUKS Hańcza Suwałki   | PD    | 50.84 |    |

#### 100 metrów M U16

|                     |          |                            |       |       |    |
|---------------------|----------|----------------------------|-------|-------|----|
| Bieg 1/2            | +0.9 M/S |                            | 12:09 |       |    |
| 1 GUTOWSKI Kuba     | 09-01-08 | KS Podlasie Białystok      | PD    | 12.03 | PB |
| 2 MĄDRY Kamil       | 09-07-21 | UKS Rotmistrz Ciechanowiec | PD    | 12.61 | PB |
| 3 JUZIUK Damian     | 10-09-15 | KS Podlasie Białystok      | PD    | 12.62 | PB |
| 4 ŚLIWKA Paweł      | 10-03-07 | KS Podlasie Białystok      | PD    | 13.05 | PB |
| Bieg 2/2            | +0.5 M/S |                            | 12:12 |       |    |
| 1 KARWOWSKI Łukasz  | 10-07-21 | LKS Narew Łomża            | PD    | 12.72 |    |
| 2 KORSAK Marcel     | 10-02-06 | KS Podlasie Białystok      | PD    | 12.80 | PB |
| 3 TOCZYDŁOWSKI Adam | 10-09-16 | KS Podlasie Białystok      | PD    | 12.96 |    |



|                                         |          |                             |                            |         |       |       |
|-----------------------------------------|----------|-----------------------------|----------------------------|---------|-------|-------|
| 4 RACZKOWSKI Krzysztof                  | 10-03-04 | LUKS Hańcza Suwałki         | PD                         | 14.05   |       |       |
| <b>60 metrów M U12</b>                  |          |                             |                            |         |       |       |
| Bieg 1/3                                | +2.0 M/S |                             | 11:46                      |         |       |       |
| 1 CIUCHTA Sebastian                     | 13-04-14 | KS Podlasie Białystok       | PD                         | 8.98    | PB    |       |
| 2 SAWICKI Miłosz                        | 13-05-20 | KS Podlasie Białystok       | PD                         | 9.20    | PB    |       |
| 3 KOZŁOWSKI Jakub                       | 13-08-02 | KS Podlasie Białystok       | PD                         | 9.53    | PB    |       |
| 4 JAWORUCKI Hubert                      | 13-05-29 | KS Podlasie Białystok       | PD                         | 9.61    | PB    |       |
| 5 KRYŃSKI Aleksander                    | 13-06-26 | UKS Rotmistrz Ciechanowiec  | PD                         | 9.78    |       |       |
| 6 FRANKOWSKI Dominik                    | 14-03-20 | KS Podlasie Białystok       | PD                         | 10.63   |       |       |
| 7 BUCZKO Michał                         | 13-07-19 | KS Podlasie Białystok       | PD                         | 11.24   |       |       |
| <br>                                    |          |                             |                            |         |       |       |
| Bieg 2/3                                | +0.3 M/S |                             | 11:49                      |         |       |       |
| 1 NOWICKI Sebastian                     | 13-06-10 | KS Podlasie Białystok       | PD                         | 9.71    |       |       |
| 2 MINKIEWICZ Ksawier                    | 13-05-14 | KS Podlasie Białystok       | PD                         | 9.80    |       |       |
| 3 CHOMKO Jan                            | 13-04-11 | KS Podlasie Białystok       | PD                         | 10.05   |       |       |
| 4 MANCEWICZ Marcel                      | 13-05-05 | KS Podlasie Białystok       | PD                         | 10.97   |       |       |
| 5 JEDLIŃSKI Bartosz                     | 13-05-20 | KS Podlasie Białystok       | PD                         | 11.31   | PB    |       |
| 6 NOS Filip                             | 13-06-07 | KS Podlasie Białystok       | PD                         | 11.37   |       |       |
| 7 SZAMRUCHNIEWICZ Michał                | 13-05-31 | KS Podlasie Białystok       | PD                         | 11.63   |       |       |
| Bieg 3/3                                | +0.3 M/S |                             | 11:52                      |         |       |       |
| 1 GOCŁOWSKI Bartosz                     | 13-06-08 | KS Podlasie Białystok       | PD                         | 9.21    |       |       |
| 2 FIŁONOWICZ Szymon                     | 13-01-03 | KS Podlasie Białystok       | PD                         | 9.80    |       |       |
| 3 BURZYŃSKI Piotr                       | 13-07-08 | KS Podlasie Białystok       | PD                         | 9.96    |       |       |
| 4 DAWIDZIUK Michał                      | 13-05-02 | KS Podlasie Białystok       | PD                         | 10.38   | PB    |       |
| 5 TUROWSKI Jan                          | 13-04-07 | KS Podlasie Białystok       | PD                         | 10.46   |       |       |
| 6 CHOMKO Stanisław                      | 14-11-04 | KS Podlasie Białystok       | PD                         | 13.26   |       |       |
| <b>300 metrów M U16</b>                 |          |                             |                            |         |       |       |
| 1 JUZIUK Damian                         | 10-09-15 | KS Podlasie Białystok       | PD                         | 42.00   |       |       |
| 2 SZCZUBEŁEK Adrian                     | 09-07-19 | KS Prefbet-Sonarol          | PD                         | 43.76   |       |       |
| 3 KARWOWSKI Łukasz                      | 10-07-21 | LKS Narew Łomża             | PD                         | 45.47   |       |       |
| 4 ŚLIWKA Paweł                          | 10-03-07 | KS Podlasie Białystok       | PD                         | 46.16   |       |       |
| 5 ŻABIŃSKI Gabriel                      | 10-12-02 | KS Parkiet Hajnówka         | PD                         | 47.34   |       |       |
| <b>600 metrów M U12</b>                 |          |                             |                            |         |       |       |
| 1 POLAK Ignacy                          | 13-04-22 | KS Podlasie Białystok       | PD                         | 2:01.23 |       |       |
| 2 KMIĘCIK Bartosz                       | 13-01-16 | KS Podlasie Białystok       | PD                         | 2:04.02 |       |       |
| 3 ZAMBRZYCKI Maciej                     | 14-01-08 | KS Podlasie Białystok       | PD                         | 2:26.50 |       |       |
| 4 TYNIEWICKI Wiktor                     | 14-07-15 | KS Podlasie Białystok       | PD                         | 2:37.49 |       |       |
| <b>600 metrów M U16</b>                 |          |                             |                            |         |       |       |
| 1 SUSTOWSKI Szymon                      | 09-06-24 | LUKS Hańcza Suwałki         | PD                         | 1:28.18 | PB    |       |
| 2 BUJKOWSKI Filip                       | 10-01-10 | LUKS Hańcza Suwałki         | PD                         | 1:33.94 |       |       |
| 3 LEBIODA Jan Tomasz                    | 10-07-09 | LUKS Hańcza Suwałki         | PD                         | 1:35.27 | PB    |       |
| 4 KAMIŃSKI Wiktor                       | 10-08-06 | KS Podlasie Białystok       | PD                         | 1:43.03 |       |       |
| 5 SPYCHAŁA Sebastian                    | 10-09-28 | KS Podlasie Białystok       | PD                         | 1:45.44 |       |       |
| 6 ARASIM Filip                          | 10-06-25 | LUKS Hańcza Suwałki         | PD                         | 1:46.16 |       |       |
| 7 ANDRUSZKIEWICZ Mateusz                | 10-06-01 | LUKS Hańcza Suwałki         | PD                         | 1:46.30 |       |       |
| 8 SKIBICKI Adrian                       | 10-06-03 | GOKSiT Suchowola            | PD                         | 1:57.48 |       |       |
| 9 SOKÓŁ Samuel                          | 09-06-15 | LŁKS Prefbet Śniadowo Łomża | PD                         | 1:59.97 |       |       |
| 10 RODAKIEWICZ Oskar                    | 10-09-17 | KS Podlasie Białystok       | PD                         | 2:10.05 |       |       |
| <b>Pchnięcie kulą M U16 (5kg)</b>       |          |                             |                            |         |       |       |
| 1 KARPOWICZ Bartłomiej                  | 10-08-14 | GOKSiT Suchowola            | PD                         | 11.17   | PB    |       |
| 2 KULAK Władysław                       | 09-02-20 | GOKSiT Suchowola            | PD                         | 9.92    | PB    |       |
| 3 ZENAISHVILI Zauri                     | 10-03-20 | GOKSiT Suchowola            | PD                         | 9.48    | PB    |       |
| 4 TYMIŃSKI Dawid                        | 09-07-23 | UKS Rotmistrz Ciechanowiec  | PD                         | 9.30    |       |       |
| 5 TRZASKA Wiktor                        | 09-10-16 | LKS Narew Łomża             | PD                         | 9.27    |       |       |
| 6 RACZKOWSKI Krzysztof                  | 10-03-04 | LUKS Hańcza Suwałki         | PD                         | 8.08    |       |       |
| 7 KRZEBIETKE Hubert                     | 10-04-07 | KS Podlasie Białystok       | PD                         | 7.89    | PB    |       |
| 8 JENIEC Filip                          | 10-11-09 | KS Podlasie Białystok       | PD                         | 6.96    | PB    |       |
| 9 PERESTRET Wincent                     | 10-06-22 | KS Parkiet Hajnówka         | PD                         | 6.37    |       |       |
|                                         | I        | II                          | III                        | IV      | V     | VI    |
| KARPOWICZ Bartłomiej                    | 11.06    | 10.60                       | 9.85                       | x       | x     | 11.17 |
| KULAK Władysław                         | 9.22     | 9.56                        | 9.92                       | 9.79    | 9.31  | 9.45  |
| ZENAISHVILI Zauri                       | 8.80     | 9.46                        | 9.48                       | 9.23    | x     | 9.35  |
| TRZASKA Wiktor                          | 9.27     | 9.02                        | 9.15                       | 5.08    | 9.23  | 8.65  |
| RACZKOWSKI Krzysztof                    | 8.08     | 7.98                        | x                          | 7.90    | 7.85  | 7.73  |
| KRZEBIETKE Hubert                       | 7.05     | 7.55                        | 6.64                       | x       | 7.02  | 7.89  |
| JENIEC Filip                            | 6.20     | 6.08                        | 6.96                       | 6.49    | 5.18  | x     |
| PERESTRET Wincent                       | x        | 6.37                        | 6.18                       |         |       |       |
| <b>Rzut oszczepem mężczyzn (600) PK</b> |          |                             |                            |         |       |       |
| 1 PIASZCZYK Wiktor                      |          | 09-08-07                    | KS Podlasie Białystok      | PD      | 41.99 | PB    |
| PIASZCZYK Wiktor                        | x        | 41.99                       | 38.92                      | 34.89   | 40.27 | 28.05 |
| <b>Rzut oszczepem M U16 (600g)</b>      |          |                             |                            |         |       |       |
| 1 SEKAL Igor                            |          | 09-01-23                    | UKS Rotmistrz Ciechanowiec | PD      | 31.82 | PB    |



|                      |                      |          |                            |       |       |       |       |
|----------------------|----------------------|----------|----------------------------|-------|-------|-------|-------|
| 2                    | KOPRAS Juliusz       | 10-11-17 | KS Podlasie Białystok      | PD    | 23.31 | PB    |       |
| 3                    | TYMIŃSKI Dawid       | 09-07-23 | UKS Rotmistrz Ciechanowiec | PD    | 22.52 |       |       |
| 4                    | KARPOWICZ Bartłomiej | 10-08-14 | GOKSiT Suchowola           | PD    | 20.01 |       |       |
| 5                    | PUL Jakub            | 10-10-14 | KS Podlasie Białystok      | PD    | 16.06 |       |       |
|                      |                      | I        | II                         | III   | IV    |       | V     |
| SEKAL Igor           |                      | 31.82    | x                          | x     | x     | 29.24 | 30.62 |
| KOPRAS Juliusz       |                      | x        | 23.31                      | x     | x     | 22.13 | 20.70 |
| TYMIŃSKI Dawid       |                      | 16.79    | x                          | 17.20 | 22.52 | x     | 1.71  |
| KARPOWICZ Bartłomiej |                      | x        | x                          | 11405 | 20.01 | x     | 18.55 |
| PUL Jakub            |                      | 14.71    | 13.72                      | 13.71 | 15.25 | 16.06 | x     |

#### Skok wzwyż M U16

|   |                   |          |                       |     |      |     |     |     |     |     |     |     |     |     |     |     |
|---|-------------------|----------|-----------------------|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | NOWIŃSKI Kamil    | 09-07-01 | KS Podlasie Białystok | PD  | 1.75 | PB  |     |     |     |     |     |     |     |     |     |     |
| 2 | BANACH Aleksander | 09-05-30 | KS Prefbet-Sonarol    | PD  | 1.73 |     |     |     |     |     |     |     |     |     |     |     |
| 3 | ZANIEWSKI Wiktor  | 09-02-21 | GOKSiT Suchowola      | PD  | 1.65 |     |     |     |     |     |     |     |     |     |     |     |
| 4 | OSZKINIS Andrzej  | 09-03-30 | LUKS Hańcza Suwałki   | PD  | 1.60 |     |     |     |     |     |     |     |     |     |     |     |
| 5 | TRZASKA Szymon    | 10-12-06 | LKS Narew Łomża       | PD  | 1.40 |     |     |     |     |     |     |     |     |     |     |     |
| 6 | KURASZOW Erik     | 10-05-02 | KS Podlasie Białystok | PD  | 1.30 |     |     |     |     |     |     |     |     |     |     |     |
|   |                   | 120      | 125                   | 130 | 135  | 140 | 145 | 150 | 155 | 160 | 165 | 170 | 175 | 175 | 173 | 175 |
|   | NOWIŃSKI Kamil    | -        | -                     | -   | -    | -   | -   | -   | -   | 0   | 0   | 0   | xxx | x   | 0   | 0   |
|   | BANACH Aleksander | -        | -                     | -   | -    | -   | 0   | 0   | 0   | 0   | 0   | 0   | xxx | x   | 0   | x   |
|   | ZANIEWSKI Wiktor  | -        | -                     | 0   | 0    | 0   | 0   | 0   | 0   | 0   | x0  | xxr |     |     |     |     |
|   | OSZKINIS Andrzej  | -        | -                     | -   | 0    | 0   | 0   | 0   | 0   | 0   | xxx |     |     |     |     |     |
|   | TRZASKA Szymon    | -        | 0                     | xx0 | x0   | x0  | xxx |     |     |     |     |     |     |     |     |     |
|   | KURASZOW Erik     | 0        | x0                    | 0   | xxx  |     |     |     |     |     |     |     |     |     |     |     |

#### Skok w dal M U16

|                     |          |                            |          |      |        |      |
|---------------------|----------|----------------------------|----------|------|--------|------|
| 1 NOWIŃSKI Kamil    | 09-07-01 | KS Podlasie Białystok      | PD       | 6.36 | PB     | +1.3 |
| 2 TRZASKA Wiktor    | 09-10-16 | LKS Narew Łomża            | PD       | 5.62 | PB     | +1.1 |
| 3 BANACH Aleksander | 09-05-30 | KS Prefbet-Sonarol         | PD       | 5.50 |        | -0.2 |
| 4 TOCZYDŁOWSKI Adam | 10-09-16 | KS Podlasie Białystok      | PD       | 5.49 |        | -0.5 |
| 5 TRZASKA Szymon    | 10-12-06 | LKS Narew Łomża            | PD       | 5.11 |        | +0.6 |
| 6 MĄDRY Kamil       | 09-07-21 | UKS Rotmistrz Ciechanowiec | PD       | 5.04 | PB     | +1.8 |
| 7 KORSKAK Marcel    | 10-02-06 | KS Podlasie Białystok      | PD       | 4.69 |        | +1.1 |
| 8 WIERZBIŁO Bartosz | 10-10-04 | LUKS Hańcza Suwałki        | PD       | 4.58 |        | -0.3 |
| 9 SEKAL Igor        | 09-01-23 | UKS Rotmistrz Ciechanowiec | PD       | 4.57 |        | +0.7 |
| 10 JUREWICZ Mikołaj | 10-03-08 | LUKS Hańcza Suwałki        | PD       | 4.57 |        | +1.3 |
| 11 KULESZA Wiktor   | 10-08-10 | LUKS Hańcza Suwałki        | PD       | 4.30 |        | +0.2 |
| 12 MOWEL Dawid      | 10-06-23 | UKS Rotmistrz Ciechanowiec | PD       | 3.91 |        | -0.1 |
| 13 OSZKINIS Andrzej | 09-03-30 | LUKS Hańcza Suwałki        | PD       | 3.75 |        | +0.5 |
| NOWIŃSKI Kamil      | I 6.26   | II 6.16                    | III 6.36 | IV - | V 5.95 | VI - |
| TRZASKA Wiktor      | +0.3     | +0.1                       | +1.3     | -    | -0.5   | -    |
| BANACH Aleksander   | 5.16     | 5.62                       | 5.60     | 5.33 | 5.35   | 5.31 |
| TOCZYDŁOWSKI Adam   | -0.1     | +1.1                       | +0.6     | -0.3 | -0.3   | +0.3 |
| TRZASKA Szymon      | 5.02     | x                          | 5.11     | 4.96 | 5.21   | 5.50 |
| MĄDRY Kamil         | -1.1     | -1.1                       | -0.5     | +0.2 | -0.2   | -0.2 |
| KORSKAK Marcel      | 4.90     | 5.22                       | 5.49     | 5.28 | 5.42   | x    |
| WIERZBIŁO Bartosz   | -0.3     | -0.2                       | -0.5     | -0.9 | -0.6   | +0.4 |
| SEKAL Igor          | 5.04     | 5.11                       | 2.77     | 5.08 | 2.65   | x    |
| JUREWICZ Mikołaj    | +0.2     | +0.6                       | +0.4     | +0.2 | -0.3   | +0.4 |
| KULESZA Wiktor      | 4.75     | 5.04                       | 4.86     | 4.86 | 4.55   | 4.55 |
| MOWEL Dawid         | -0.9     | +1.8                       | -0.1     | +0.5 | +0.2   | +0.4 |
| OSZKINIS Andrzej    | x        | 4.69                       | 4.07     | 4.03 | 4.14   | 4.00 |
|                     | +0.1     | +1.1                       | -0.1     | +0.4 | -0.7   | -1.0 |
|                     | 4.56     | 4.57                       | 4.27     | 3.88 | 4.58   | -    |
|                     | +0.6     | +0.1                       | -0.2     | +0.3 | -0.3   | -    |
|                     | x        | 4.57                       | 4.44     |      |        |      |
|                     | +0.2     | +0.7                       | +1.0     |      |        |      |
|                     | 4.21     | 4.30                       | 4.57     |      |        |      |
|                     | +0.5     | +0.1                       | +1.3     |      |        |      |
|                     | x        | 4.16                       | 4.30     |      |        |      |
|                     | +0.6     | +0.4                       | +0.2     |      |        |      |
|                     | 3.91     | 3.72                       | x        |      |        |      |
|                     | -0.1     | +0.3                       | -0.1     |      |        |      |
|                     | x        | 3.75                       | -        |      |        |      |
|                     | +0.3     | +0.5                       | -        |      |        |      |

#### Rzut piłeczką palantową M (150) U12

|                     |          |                       |    |       |
|---------------------|----------|-----------------------|----|-------|
| 1 GOCŁOWSKI Bartosz | 13-06-08 | KS Podlasie Białystok | PD | 39.00 |
| 2 SAWICKI Miłosz    | 13-05-20 | KS Podlasie Białystok | PD | 38.50 |
| 3 FIŁONOWICZ Szymon | 13-01-03 | KS Podlasie Białystok | PD | 33.00 |
| 4 NOWICKI Sebastian | 13-06-10 | KS Podlasie Białystok | PD | 31.50 |
| 5 CHOMKO Jan        | 13-04-11 | KS Podlasie Białystok | PD | 27.00 |
| 6 ŚWIDERSKI Kamil   | 13-09-28 | KS Podlasie Białystok | PD | 27.00 |
| 7 BUCZKO Michał     | 13-07-19 | KS Podlasie Białystok | PD | 27.00 |
| 8 JEDLIŃSKI Bartosz | 13-05-20 | KS Podlasie Białystok | PD | 26.00 |
| 9 TUROWSKI Jan      | 13-04-07 | KS Podlasie Białystok | PD | 23.00 |
| 10 CHOMKO Stanisław | 14-11-04 | KS Podlasie Białystok | PD | 21.00 |
| 11 NOS Filip        | 13-06-07 | KS Podlasie Białystok | PD | 18.00 |





|                           |      |      |      |       |    |       |  |
|---------------------------|------|------|------|-------|----|-------|--|
| 12 SZAMRUCHNIEWICZ Michał | 31.0 | 35.0 | 31.0 | 39.0  | PD | 15.00 |  |
| GOCŁOWSKI Bartosz         | 34.5 | 38.0 | 37.5 | 38.5  |    |       |  |
| SAWICKI Miłosz            | 26.5 | 29.0 | 31.0 | 33.0  |    |       |  |
| FIŁONOWICZ Szymon         | 30.0 | 31.5 | 31.0 | 31.5  |    |       |  |
| NOWICKI Sebastian         | 27.0 | 26.5 | 24.5 | 19.5  |    |       |  |
| CHOMKO Jan                | 27.0 | 24.0 | 26.0 | 25.5  |    |       |  |
| ŚWIDERSKI Kamil           | 22.5 | 27.0 | 21.5 | 25.0  |    |       |  |
| BUCZKO Michał             | x    | 22.5 | 19.0 | 26.0  |    |       |  |
| JEDLIŃSKI Bartosz         | 22.0 | x    | 21.0 | 23.00 |    |       |  |
| TUROWSKI Jan              | 21.0 | 11.0 | x    | 19.50 |    |       |  |
| CHOMKO Stanisław          | x    | 12.0 | 14.5 | 18.00 |    |       |  |
| NOS Filip                 | 13.5 | 12.0 | 13.0 | 15.00 |    |       |  |
| SZAMRUCHNIEWICZ Michał    |      |      |      |       |    |       |  |

#### 100 metrów pł M U14

|                      |                                |       |       |    |
|----------------------|--------------------------------|-------|-------|----|
| Bieg 1/1             | +1.2 M/S                       | 10:55 |       |    |
| 1 KOZIOŁ Błażej      | 11-03-23 KS Podlasie Białystok | PD    | 20.47 | PB |
| 2 ORŁOWSKI Adam      | 11-10-26 LUKS Hańcza Suwałki   | PD    | 22.66 |    |
| 3 JASIELON Sebastian | 12-07-20 LUKS Hańcza Suwałki   | PD    | 23.21 |    |
| 4 KOMOROWSKI Jakub   | 12-05-02 LUKS Hańcza Suwałki   | PD    | 24.73 |    |

#### 2000 metrów chód M U14

|                      |                          |    |          |  |
|----------------------|--------------------------|----|----------|--|
| 1 KONOPKA Adam       | 11-09-14 LKS Narew Łomża | PD | 15:28.57 |  |
| 2 GOŁĘBIEWSKI Kacper | 11-10-14 LKS Narew Łomża | PD | 15:36.42 |  |

#### KOBIETY/WOMEN

##### Pchnięcie kulą K U14 (2kg)

|                      |                               |    |      |    |
|----------------------|-------------------------------|----|------|----|
| 1 GRYSZKIEWICZ Beata | 11-07-19 GOKSiT Suchowola     | PD | 8.27 |    |
| 2 TUREL Natalia      | 11-05-01 GOKSiT Suchowola     | PD | 6.43 | PB |
|                      | I II III IV V VI              |    |      |    |
| Gryszykiewicz Beata  | 7.38 7.93 7.65 8.27 7.76 7.97 |    |      |    |
| Turel Natalia        | 5.95 6.43 5.73 6.35 6.40 6.42 |    |      |    |

##### Skok wzwyż K U14

|                         |                              |    |      |     |
|-------------------------|------------------------------|----|------|-----|
| 1 MALINOWSKA Wiktoria   | 11-08-17 LUKS Hańcza Suwałki | PD | 1.45 | PB  |
| 2 SKINDZIER Zuzanna     | 11-05-12 LUKS Hańcza Suwałki | PD | 1.40 | PB  |
| 3 WARAKOMSKA Joanna     | 11-06-22 LUKS Hańcza Suwałki | PD | 1.40 | PB  |
| 4 GILEWSKA Joanna       | 11-01-15 GOKSiT Suchowola    | PD | 1.35 |     |
| 5 SAWICKA Hanna         | 11-01-04 GOKSiT Suchowola    | PD | 1.35 |     |
| 6 ŻUKOWSKA Emilia       | 11-04-17 GOKSiT Suchowola    | PD | 1.25 |     |
| 7 KARWOWSKA Milena      | 12-07-18 LKS Narew Łomża     | PD | 1.25 |     |
| 8 MARCHEL Kornelia      | 11-03-09 GOKSiT Suchowola    | PD | 1.25 |     |
| 9 BUSŁOWSKA Patrycja    | 12-09-18 GOKSiT Suchowola    | PD | 1.20 |     |
| 9 SIENKIEWICZ Magdalena | 11-07-23 GOKSiT Suchowola    | PD | 1.20 | =PB |
| 11 KISZŁO Maja          | 12-05-03 GOKSiT Suchowola    | PD | 1.20 |     |
| 12 KOSSAKOWSKA Zofia    | 11-01-31 LKS Narew Łomża     | PD | 1.20 |     |
| 13 ROJSZYK Emilia       | 11-05-10 GOKSiT Suchowola    | PD | 1.10 |     |
| BYKUĆ Oliwia            | 12-08-03 GOKSiT Suchowola    | PD | NM   |     |

|                       |     |     |     |     |     |     |     |     |     |     |
|-----------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|                       | 100 | 110 | 115 | 120 | 125 | 130 | 135 | 140 | 145 | 150 |
| MALINOWSKA Wiktoria   | -   | -   | -   | 0   | 0   | 0   | 0   | xx0 | 0   | xxx |
| SKINDZIER Zuzanna     | -   | 0   | 0   | 0   | 0   | 0   | 0   | 0   | xxx |     |
| WARAKOMSKA Joanna     | -   | 0   | 0   | 0   | 0   | x0  | xx0 | 0   | xxr |     |
| GILEWSKA Joanna       | -   | -   | 0   | 0   | 0   | 0   | 0   | xxx |     |     |
| SAWICKA Hanna         | -   | 0   | 0   | 0   | 0   | 0   | xx0 | xr  |     |     |
| ŻUKOWSKA Emilia       | -   | 0   | 0   | 0   | 0   | xxx |     |     |     |     |
| KARWOWSKA Milena      | 0   | 0   | x0  | x0  | 0   | xxx |     |     |     |     |
| MARCHEL Kornelia      | -   | 0   | 0   | xx0 | x0  | xxx |     |     |     |     |
| BUSŁOWSKA Patrycja    | -   | -   | 0   | 0   | xxx |     |     |     |     |     |
| SIENKIEWICZ Magdalena | -   | 0   | 0   | 0   | xxx |     |     |     |     |     |
| KISZŁO Maja           | -   | -   | x0  | 0   | xxx |     |     |     |     |     |
| KOSSAKOWSKA Zofia     | 0   | 0   | 0   | x0  | xxx |     |     |     |     |     |
| ROJSZYK Emilia        | -   | 0   | xxx |     |     |     |     |     |     |     |
| BYKUĆ Oliwia          | -   | -   | xxx |     |     |     |     |     |     |     |

##### Skok w dal ze strefy K U12

|                         |                                |    |      |  |
|-------------------------|--------------------------------|----|------|--|
| 1 WAWRZYNIAK Aleksandra | 13-10-14 LUKS Hańcza Suwałki   | PD | 4.05 |  |
| 2 ŻYNEL Julia           | 13-11-23 KS Podlasie Białystok | PD | 3.75 |  |
| 3 REĆKO Matylda         | 13-08-14 KS Podlasie Białystok | PD | 3.69 |  |
| 4 CZYSZPAK Hanna        | 13-02-28 KS Podlasie Białystok | PD | 3.65 |  |
| 5 DĄBROWSKA Aleksandra  | 13-09-22 KS Podlasie Białystok | PD | 3.50 |  |
| 6 HOŁOWNIA Hanna        | 13-11-13 KS Podlasie Białystok | PD | 3.45 |  |
| 7 KRYSIEWICZ Kamila     | 13-07-13 KS Podlasie Białystok | PD | 3.30 |  |
| 8 ŁUKASZUK Iga          | 13-04-13 KS Podlasie Białystok | PD | 3.29 |  |
| 9 SZOTKO Aurelia        | 13-07-21 KS Podlasie Białystok | PD | 2.90 |  |
| 10 ZEMBROWSKA Zuzanna   | 13-03-02 KS Podlasie Białystok | PD | 2.58 |  |



|                                | I    | II       | III      | IV                          | V     | VI      |    |      |  |  |
|--------------------------------|------|----------|----------|-----------------------------|-------|---------|----|------|--|--|
| WAWRZYNIAK Aleksandra          | 3.88 | 4.05     | 4.01     | 3.91                        |       |         |    |      |  |  |
| ŻYNEL Julia                    | 3.75 | 3.58     | 3.50     | 3.50                        |       |         |    |      |  |  |
| REČKO Matylda                  | 3.69 | 3.63     | 3.16     | 3.30                        |       |         |    |      |  |  |
| CZYSZPAK Hanna                 | 3.47 | 3.65     | 3.57     | 3.60                        |       |         |    |      |  |  |
| DĄBROWSKA Aleksandra           | 3.50 | 3.25     | 3.38     | 3.36                        |       |         |    |      |  |  |
| HOŁOWNIA Hanna                 | -    | 3.45     | 2.98     | 3.19                        |       |         |    |      |  |  |
| KRYSIEWICZ Kamila              | 3.30 | 3.17     | 2.99     | 2.74                        |       |         |    |      |  |  |
| ŁUKASZUK Iga                   | 2.88 | 3.00     | 3.29     | 3.29                        |       |         |    |      |  |  |
| SZOTKO Aurelia                 | 2.80 | 2.90     | 2.80     | 2.84                        |       |         |    |      |  |  |
| ZEMBROWSKA Zuzanna             | 2.55 | 1.90     | 2.58     | 2.52                        |       |         |    |      |  |  |
| <b>Skok w dal K U14</b>        |      |          |          |                             |       |         |    |      |  |  |
| 1 URYNOWICZ Maja               |      |          | 11-05-22 | KS Podlasie Białystok       | PD    | 5.18    | PB | +0.1 |  |  |
| 2 PAWELCZYK Lidia              |      |          | 12-09-01 | KS Prefbet-Sonarol          | PD    | 4.42    |    | +0.4 |  |  |
| 3 WISZOWATA Julia              |      |          | 11-07-28 | KS Podlasie Białystok       | PD    | 4.23    | PB | -0.5 |  |  |
| 4 PAWLUCZUK Milena             |      |          | 12-08-24 | KS Podlasie Białystok       | PD    | 4.12    |    | -1.7 |  |  |
| 5 MOROZ Julianna               |      |          | 12-10-14 | KS Podlasie Białystok       | PD    | 3.78    |    | +0.1 |  |  |
| 6 BIEDRZYCKA Magdalena         |      |          | 11-03-25 | KS Prefbet-Sonarol          | PD    | 3.75    |    | -0.6 |  |  |
| 7 DOMORADZKA Wiktoria          |      |          | 11-09-03 | LŁKS Prefbet Śniadowo Łomża | PD    | 3.66    | PB | +0.2 |  |  |
| 8 CZARNECKA Amelia             |      |          | 12-12-11 | KS Podlasie Białystok       | PD    | 3.59    |    | -0.2 |  |  |
| 9 DROZDOWSKA Julia             |      |          | 12-10-31 | KS Podlasie Białystok       | PD    | 3.44    |    | +0.1 |  |  |
| 10 BUJNOWSKA Amelia            |      |          | 12-03-26 | KS Podlasie Białystok       | PD    | 3.40    |    | +0.4 |  |  |
| 11 BUJNOWSKA Adela             |      |          | 12-03-26 | KS Podlasie Białystok       | PD    | 3.36    |    | -0.5 |  |  |
| 12 RZEMIENIECKA Maja           |      |          | 11-03-07 | KS Podlasie Białystok       | PD    | 3.30    |    | -0.1 |  |  |
| 13 BAJERSKA Weronika           |      |          | 11-03-04 | KS Podlasie Białystok       | PD    | 3.23    |    | -0.2 |  |  |
| 14 BAJERSKA Dominika           |      |          | 11-03-04 | KS Podlasie Białystok       | PD    | 3.20    |    | +0.2 |  |  |
| 15 KIRYLUK Sara                |      |          | 12-08-17 | KS Parkiet Hajnówka         | PD    | 2.97    |    | +0.2 |  |  |
| 16 BUDUKIEWICZ Maja            |      |          | 12-04-22 | KS Podlasie Białystok       | PD    | 2.77    |    | +0.1 |  |  |
| 17 ZAJKO Aleksandra            |      |          | 11-07-19 | KS Podlasie Białystok       | PD    | 2.57    |    | +0.4 |  |  |
| 18 NIEMCUNOWICZ Nikola         |      |          | 12-12-11 | KS Parkiet Hajnówka         | PD    | 2.42    |    | +0.7 |  |  |
| 19 KOWALCZYK Pola              |      |          | 12-01-25 | KS Podlasie Białystok       | PD    | 2.19    |    | +0.1 |  |  |
| URYNOWICZ Maja                 | 5.18 | 4.86     | 5.08     | 5.00                        | 4.91  | 5.10    |    |      |  |  |
|                                | +0.1 | +0.1     | +0.7     | -1.3                        | -0.7  | +1.5    |    |      |  |  |
| PAWELCZYK Lidia                | 4.42 | 4.24     | x        | 4.37                        | 4.19  | x       |    |      |  |  |
|                                | +0.4 | +0.7     | -0.7     | +0.2                        | +0.2  | -0.2    |    |      |  |  |
| WISZOWATA Julia                | x    | 4.05     | 3.97     | 4.10                        | 4.23  | 4.02    |    |      |  |  |
|                                | +1.3 | +1.1     | +0.8     | +0.9                        | -0.5  | +0.4    |    |      |  |  |
| PAWLUCZUK Milena               | 3.97 | 3.67     | 3.94     | 3.82                        | 4.12  | 4.09    |    |      |  |  |
|                                | +0.6 | -0.4     | -0.5     | +0.5                        | -1.7  | +0.8    |    |      |  |  |
| MOROZ Julianna Michalina       | x    | 3.60     | 3.78     | x                           | x     | x       |    |      |  |  |
|                                | -1.0 | +0.3     | +0.1     | +0.4                        | -0.3  | -0.5    |    |      |  |  |
| BIEDRZYCKA Magdalena           | 3.71 | x        | 3.29     | 3.63                        | 3.75  | 3.49    |    |      |  |  |
|                                | +0.3 | +0.6     | -1.3     | +0.2                        | -0.6  | -0.7    |    |      |  |  |
| DOMORADZKA Wiktoria            | 3.40 | 3.46     | 3.36     | 3.41                        | 3.65  | 3.66    |    |      |  |  |
|                                | +0.4 | -0.4     | -0.6     | +0.7                        | -0.1  | +0.2    |    |      |  |  |
| CZARNECKA Amelia               | 3.57 | x        | 3.47     | 3.57                        | 3.59  | 3.55    |    |      |  |  |
|                                | +0.4 | +0.1     | +0.5     | -0.3                        | -0.2  | +0.1    |    |      |  |  |
| DROZDOWSKA Julia               | 3.17 | 3.44     | 2.79     | -                           | -     | -       |    |      |  |  |
|                                | -0.1 | +0.1     | -0.2     |                             |       |         |    |      |  |  |
| BUJNOWSKA Amelia               | 3.40 | 3.40     | 3.29     |                             |       |         |    |      |  |  |
|                                | +0.4 | -0.4     | -0.1     |                             |       |         |    |      |  |  |
| BUJNOWSKA Adela                | 3.05 | 3.36     | x        |                             |       |         |    |      |  |  |
|                                | +0.7 | -0.5     | +0.6     |                             |       |         |    |      |  |  |
| RZEMIENIECKA Maja              | 3.30 | 3.05     | 2.84     | -                           | -     | -       |    |      |  |  |
|                                | -0.1 | +1.0     | -0.2     |                             |       |         |    |      |  |  |
| BAJERSKA Weronika              | 3.23 | 3.23     | 2.88     |                             |       |         |    |      |  |  |
|                                | -0.2 | -0.5     | +0.4     |                             |       |         |    |      |  |  |
| BAJERSKA Dominika              | 2.97 | x        | 3.20     |                             |       |         |    |      |  |  |
|                                | +0.1 | -0.3     | +0.2     |                             |       |         |    |      |  |  |
| KIRYLUK Sara                   | 2.88 | 2.55     | 2.97     |                             |       |         |    |      |  |  |
|                                | +0.1 | -0.7     | +0.2     |                             |       |         |    |      |  |  |
| BUDUKIEWICZ Maja               | 2.77 | 2.53     | 2.70     |                             |       |         |    |      |  |  |
|                                | +0.1 | +0.2     | +0.2     |                             |       |         |    |      |  |  |
| ZAJKO Aleksandra               | 2.57 | 2.56     | x        |                             |       |         |    |      |  |  |
|                                | +0.4 | -0.4     | -0.1     |                             |       |         |    |      |  |  |
| NIEMCUNOWICZ Nikola            | 2.42 | 2.31     | x        |                             |       |         |    |      |  |  |
|                                | +0.7 | +0.3     | +0.2     |                             |       |         |    |      |  |  |
| KOWALCZYK Pola                 | 2.02 | 2.19     | 2.04     |                             |       |         |    |      |  |  |
|                                | -0.2 | +0.1     | +0.1     |                             |       |         |    |      |  |  |
| <b>1000 m przeszkody K U16</b> |      |          |          |                             |       |         |    |      |  |  |
| 1 MELLER Martyna               |      |          | 10-02-19 | KS Podlasie Białystok       | PD    | 4:08.80 |    |      |  |  |
| 2 ZAMBRZYCKA Weronika          |      |          | 09-07-27 | KS Podlasie Białystok       | PD    | 4:15.24 |    |      |  |  |
| <b>100 metrów K U14</b>        |      |          |          |                             |       |         |    |      |  |  |
| Bieg 1/5                       |      | +1.0 M/S |          |                             | 10:59 |         |    |      |  |  |
| 1 URYNOWICZ Maja               |      |          | 11-05-22 | KS Podlasie Białystok       | PD    | 13.01   | PB |      |  |  |
| 2 AMBROŻKO Hanna               |      |          | 11-04-05 | KS Podlasie Białystok       | PD    | 14.64   | PB |      |  |  |
| 3 ZAJKOWSKA Anna               |      |          | 12-05-30 | KS Podlasie Białystok       | PD    | 14.65   | PB |      |  |  |



|                             |                         |          |                             |       |         |    |
|-----------------------------|-------------------------|----------|-----------------------------|-------|---------|----|
| 4                           | PUGACEWICZ Matylda      | 11-06-27 | KS Podlasie Białystok       | PD    | 15.22   | PB |
| Bieg 2/ 5                   |                         | -0.1 M/S |                             | 11:04 |         |    |
| 1                           | BIAŁASZEWSKA Oliwia     | 11-07-26 | LUKS Hańcza Suwałki         | PD    | 14.57   |    |
| 2                           | PAWLUCZUK Milena        | 12-08-24 | KS Podlasie Białystok       | PD    | 14.89   |    |
| 3                           | CZARNECKA Amelia        | 12-12-11 | KS Podlasie Białystok       | PD    | 15.35   |    |
| 4                           | BIEDRZYCKA Magdalena    | 11-03-25 | KS Prefbet-Sonarol          | PD    | 15.71   |    |
| 5                           | BULKOWSKA Laura         | 11-05-21 | KS Podlasie Białystok       | PD    | 16.21   |    |
| Bieg 3/ 5                   |                         | +0.2 M/S |                             | 11:06 |         |    |
| 1                           | GNIĄZDOWSKA Lena Oliwia | 12-01-11 | KS Prefbet-Sonarol          | PD    | 14.24   |    |
| 2                           | DMOCHOWSKA Adrianna     | 11-09-14 | KS Prefbet-Sonarol          | PD    | 15.03   |    |
| 3                           | SIENKIEWICZ Zuzanna     | 11-04-06 | KS Podlasie Białystok       | PD    | 15.09   |    |
| 4                           | KUNDA Dominika          | 11-03-27 | KS Podlasie Białystok       | PD    | 19.19   |    |
| Bieg 4/ 5                   |                         | +0.5 M/S |                             | 11:10 |         |    |
| 1                           | MOROZ Julianna          | 12-10-14 | KS Podlasie Białystok       | PD    | 15.52   |    |
| 2                           | KOWALCZYK Pola          | 12-01-25 | KS Podlasie Białystok       | PD    | 15.53   |    |
| 3                           | KOSSAKOWSKA Karolina    | 12-06-11 | LKS Narew Łomża             | PD    | 15.90   |    |
| 4                           | DROZDOWSKA Julia        | 12-10-31 | KS Podlasie Białystok       | PD    | 16.40   |    |
| 5                           | KUCZKO Luiza            | 12-05-29 | KS Parkiet Hajnówka         | PD    | 16.62   |    |
| 6                           | RESKA Alicja            | 12-04-14 | LŁKS Prefbet Śniadowo Łomża | PD    | 16.84   |    |
| Bieg 5/ 5                   |                         | +2.8 M/S |                             | 11:17 |         |    |
| 1                           | DOMORADZKA Wiktoria     | 11-09-03 | LŁKS Prefbet Śniadowo Łomża | PD    | 15.30   |    |
| 2                           | KOZYRSKA Natalia        | 12-07-21 | KS Podlasie Białystok       | PD    | 15.41   |    |
| 3                           | ROJSZYK Emilia          | 11-05-10 | GOKSiT Suchowola            | PD    | 16.05   |    |
| 4                           | BUJNOWSKA Amelia        | 12-03-26 | KS Podlasie Białystok       | PD    | 16.14   |    |
| 5                           | BUJNOWSKA Adela         | 12-03-26 | KS Podlasie Białystok       | PD    | 16.37   |    |
| 6                           | ZAJKO Aleksandra        | 11-07-19 | KS Podlasie Białystok       | PD    | 17.48   |    |
| <b>300 metrów K U14</b>     |                         |          |                             |       |         |    |
| Bieg 1/ 3                   |                         |          |                             | 13:38 |         |    |
| 1                           | BIAŁASZEWSKA Oliwia     | 11-07-26 | LUKS Hańcza Suwałki         | PD    | 47.93   |    |
| 2                           | PAWELCZYK Lidia         | 12-09-01 | KS Prefbet-Sonarol          | PD    | 48.09   | PB |
| 3                           | GLINIECKA Pola          | 11-05-21 | UKS Technik Augustów        | PD    | 48.60   | PB |
| 4                           | SAWICKA Zofia           | 11-02-16 | KS Podlasie Białystok       | PD    | 51.59   | PB |
| 5                           | AMBROŻKO Hanna          | 11-04-05 | KS Podlasie Białystok       | PD    | 52.48   | PB |
| 6                           | MASALSKA Laura          | 11-09-15 | UKS Technik Augustów        | PD    | 52.55   | PB |
| Bieg 2/ 3                   |                         |          |                             | 13:41 |         |    |
| 1                           | JAKONIUK Joanna         | 11-01-15 | KS Parkiet Hajnówka         | PD    | 51.10   | PB |
| 2                           | DMOCHOWSKA Adrianna     | 11-09-14 | KS Prefbet-Sonarol          | PD    | 51.52   |    |
| 3                           | RESKA Alicja            | 12-04-14 | LŁKS Prefbet Śniadowo Łomża | PD    | 56.00   |    |
| 4                           | PRAWDZIK Melania        | 11-07-16 | UKS Technik Augustów        | PD    | 56.62   |    |
| 5                           | KUCZKO Luiza            | 12-05-29 | KS Parkiet Hajnówka         | PD    | 57.35   |    |
| 6                           | KARWOWSKA Milena        | 12-07-18 | LKS Narew Łomża             | PD    | 58.38   |    |
| Bieg 3/ 3                   |                         |          |                             | 13:45 |         |    |
| 1                           | GNIĄZDOWSKA Lena Oliwia | 12-01-11 | KS Prefbet-Sonarol          | PD    | 48.07   |    |
| 2                           | RZEMIENIECKA Maja       | 11-03-07 | KS Podlasie Białystok       | PD    | 50.95   |    |
| 3                           | ZAJKOWSKA Anna          | 12-05-30 | KS Podlasie Białystok       | PD    | 51.90   |    |
| 4                           | KOSSAKOWSKA Zofia       | 11-01-31 | LKS Narew Łomża             | PD    | 55.44   |    |
| 5                           | BULKOWSKA Laura         | 11-05-21 | KS Podlasie Białystok       | PD    | 55.61   |    |
| 6                           | SOKOŁOWSKA Antonina     | 12-05-01 | LUKS Hańcza Suwałki         | PD    | 56.63   |    |
| 7                           | KOSSAKOWSKA Karolina    | 12-06-11 | LKS Narew Łomża             | PD    | 57.38   |    |
| 8                           | BUDUKIEWICZ Maja        | 12-04-22 | KS Podlasie Białystok       | PD    | 58.61   |    |
| <b>300 metrów ppł K U16</b> |                         |          |                             |       |         |    |
| 1                           | HERMANOWSKA Julia       | 10-03-06 | KS Podlasie Białystok       | PD    | 49.90   |    |
| 2                           | OŁOWNIUK Agnieszka      | 10-01-21 | LUKS Hańcza Suwałki         | PD    | 54.67   |    |
| 3                           | KONIECKO Izabela        | 10-01-13 | UKS Technik Augustów        | PD    | 55.16   |    |
| 4                           | PAŁUSKA Wiktoria        | 10-04-05 | LUKS Hańcza Suwałki         | PD    | 59.01   |    |
| 5                           | ŻŁOBIKOWSKA Dominika    | 09-12-16 | KS Podlasie Białystok       | PD    | 59.94   |    |
| 6                           | WASZCZUK Gabriela       | 10-06-09 | KS Podlasie Białystok       | PD    | 1:02.48 |    |
| 7                           | MURAWSKA Milena         | 10-08-05 | LUKS Hańcza Suwałki         | PD    | 1:05.45 |    |
| <b>600 metrów K U12</b>     |                         |          |                             |       |         |    |
| 1                           | KURZAWA Milena          | 13-10-16 | KS Podlasie Białystok       | PD    | 2:03.57 |    |
| 2                           | CIMOCHOWSKA Olivia      | 13-02-23 | LUKS Hańcza Suwałki         | PD    | 2:04.97 |    |
| 3                           | SZCZOTKA Blanka         | 13-03-08 | KS Podlasie Białystok       | PD    | 2:05.78 |    |
| 4                           | ZAŁĘSKA Amelia          | 13-06-20 | KS Podlasie Białystok       | PD    | 2:06.50 |    |
| 5                           | PAUL Oliwia             | 13-02-10 | UKS Technik Augustów        | PD    | 2:06.75 |    |
| 6                           | MIECZKOWSKA Paulina     | 13-02-08 | KS Podlasie Białystok       | PD    | 2:20.31 |    |
| 7                           | TUSZYŃSKA Barbara       | 13-06-19 | KS Podlasie Białystok       | PD    | 2:21.31 |    |
| 8                           | MŁYŃSKA Antonina        | 13-01-17 | KS Podlasie Białystok       | PD    | 2:23.51 |    |
| 9                           | RZEPECKA Julia          | 13-10-05 | KS Podlasie Białystok       | PD    | 2:24.30 |    |
| 10                          | BOROWSKA Hanna          | 13-02-22 | KS Podlasie Białystok       | PD    | 2:25.38 |    |

|                           |          |                            |       |         |    |
|---------------------------|----------|----------------------------|-------|---------|----|
| 11. PERKOWSKA Krystyna    | 13-11-16 | KS Podlasie Białystok      | PD    | 2:27.44 |    |
| PRUSZYŃSKA Pola           | 13-04-15 | KS Podlasie Białystok      | PD    | DNF     |    |
| PODLEŚNA Maria            | 13-06-25 | KS Podlasie Białystok      | PD    | DNF     |    |
| <b>60 metrów K U12</b>    |          |                            |       |         |    |
| Bieg 1/2                  | +2.3 M/S |                            | 11:40 |         |    |
| 1. REĆKO Matylda          | 13-08-14 | KS Podlasie Białystok      | PD    | 9.44    |    |
| 2. ŁUKASZUK Iga           | 13-04-13 | KS Podlasie Białystok      | PD    | 9.70    |    |
| 3. KRYSIEWICZ Kamila      | 13-07-13 | KS Podlasie Białystok      | PD    | 9.78    |    |
| 4. ŻYNEL Julia            | 13-11-23 | KS Podlasie Białystok      | PD    | 9.83    |    |
| 5. SZYMAŃSKA Natalia      | 13-04-16 | KS Podlasie Białystok      | PD    | 9.90    |    |
| 6. HOŁOWNIA Hanna         | 13-11-13 | KS Podlasie Białystok      | PD    | 10.19   |    |
| Bieg 2/2                  | +1.6 M/S |                            | 11:42 |         |    |
| 1. WAWRZYNIAK Aleksandra  | 13-10-14 | LUKS Hańcza Suwałki        | PD    | 8.74    |    |
| 2. CZYSZPAK Hanna         | 13-02-28 | KS Podlasie Białystok      | PD    | 9.77    |    |
| 3. OLESIUŁ Klaudia        | 13-02-19 | KS Podlasie Białystok      | PD    | 9.79    |    |
| 4. DĄBROWSKA Aleksandra   | 13-09-22 | KS Podlasie Białystok      | PD    | 9.92    |    |
| 5. SZOTKO Aurelia         | 13-07-21 | KS Podlasie Białystok      | PD    | 10.86   | PB |
| 6. STASIEWICZ Oliwia      | 13-07-16 | KS Podlasie Białystok      | PD    | 11.43   |    |
| 7. ZEMBROWSKA Zuzanna     | 13-03-02 | KS Podlasie Białystok      | PD    | 12.00   |    |
| <b>80 metrów pł K U14</b> |          |                            |       |         |    |
| Bieg 1/2                  | +1.2 M/S |                            | 10:32 |         |    |
| 1. MALINOWSKA Wiktoria    | 11-08-17 | LUKS Hańcza Suwałki        | PD    | 14.02   |    |
| 2. SAWICKA Zofia          | 11-02-16 | KS Podlasie Białystok      | PD    | 14.46   |    |
| 3. SUCHOCKA Karolina      | 11-12-17 | KS Podlasie Białystok      | PD    | 16.92   |    |
| 4. SIENKIEWICZ Magdalena  | 11-07-23 | GOKSiT Suchowola           | PD    | 16.98   |    |
| 5. BAJERSKA Dominika      | 11-03-04 | KS Podlasie Białystok      | PD    | 16.99   |    |
| Bieg 2/2                  | +0.1 M/S |                            | 10:37 |         |    |
| 1. WISZOWATA Julia        | 11-07-28 | KS Podlasie Białystok      | PD    | 14.60   |    |
| 2. WRÓBLEWSKA Hanna       | 11-03-20 | KS Podlasie Białystok      | PD    | 17.67   |    |
| 3. BYKUĆ Oliwia           | 12-08-03 | GOKSiT Suchowola           | PD    | 17.79   |    |
| 4. BUSŁOWSKA Patrycja     | 12-09-18 | GOKSiT Suchowola           | PD    | 18.20   |    |
| 5. KISZŁO Maja            | 12-05-03 | GOKSiT Suchowola           | PD    | 18.61   |    |
| <b>100 metrów K U16</b>   |          |                            |       |         |    |
| Bieg 1/3                  | -0.1 M/S |                            | 11:58 |         |    |
| 1. ULIKOWSKA Sandra       | 09-06-01 | LUKS Hańcza Suwałki        | PD    | 12.79   | PB |
| 2. PIASECKA Aleksandra    | 09-06-21 | KS Podlasie Białystok      | PD    | 13.75   | PB |
| 3. NIEGOWSKA Kinga        | 09-06-30 | KS Podlasie Białystok      | PD    | 13.84   |    |
| 4. GAWRYLUK Alicja        | 10-08-10 | KS Podlasie Białystok      | PD    | 14.25   | PB |
| 5. KOSEWICZ Maja          | 10-07-13 | KS Prefbet-Sonarol         | PD    | 14.95   | PB |
| Bieg 2/3                  | +2.2 M/S |                            | 12:01 |         |    |
| 1. PUTRA Inga             | 10-07-02 | LUKS Hańcza Suwałki        | PD    | 14.18   |    |
| 2. ROSZKOWSKA Aleksandra  | 10-03-15 | KS Podlasie Białystok      | PD    | 14.71   |    |
| 3. NIERODA Oliwia         | 09-04-10 | KS Podlasie Białystok      | PD    | 14.86   |    |
| 4. CZARNAK Klaudia        | 10-11-18 | UKS Rotmistrz Ciechanowiec | PD    | 15.66   |    |
| 5. CZOPUR Agata           | 10-04-28 | KS Podlasie Białystok      | PD    | 17.29   |    |
| Bieg 3/3                  | +2.1 M/S |                            | 12:05 |         |    |
| 1. SIENKO Patrycja        | 10-10-26 | KS Podlasie Białystok      | PD    | 14.15   |    |
| 2. RYŃKIEWICZ Oliwia      | 10-04-03 | LUKS Hańcza Suwałki        | PD    | 14.43   |    |
| 3. CHARUBIN Aleksandra    | 09-03-05 | KS Prefbet-Sonarol         | PD    | 14.76   |    |
| 4. KLEWINOWSKA Daria      | 10-10-30 | KS Podlasie Białystok      | PD    | 15.06   |    |
| <b>300 metrów K U16</b>   |          |                            |       |         |    |
| 1. NIEGOWSKA Kinga        | 09-06-30 | KS Podlasie Białystok      | PD    | 46.62   | PB |
| 2. GAWRYLUK Alicja        | 10-08-10 | KS Podlasie Białystok      | PD    | 47.76   |    |
| 3. PIASECKA Aleksandra    | 09-06-21 | KS Podlasie Białystok      | PD    | 48.08   |    |
| 4. ŻYNEL Emilia           | 10-02-23 | KS Podlasie Białystok      | PD    | 48.11   |    |
| 5. ZDUŃCZYK Lidia Danuta  | 09-12-17 | KS Prefbet-Sonarol         | PD    | 48.42   |    |
| 6. BĄCZEK Małgorzata Lena | 09-05-03 | KS Prefbet-Sonarol         | PD    | 51.93   |    |
| NEJFERT Aleksandra        | 10-05-27 | LUKS Hańcza Suwałki        | PD    | DNF     |    |
| <b>600 metrów K U16</b>   |          |                            |       |         |    |
| 1. SIENKOWSKA Nikola      | 10-01-04 | KS Podlasie Białystok      | PD    | 1:46.04 |    |
| 2. DZIKOWSKA Magdalena    | 09-02-16 | UKS Technik Augustów       | PD    | 1:49.46 |    |
| 3. SZULC Gabriela         | 10-05-17 | KS Podlasie Białystok      | PD    | 1:58.35 |    |
| 4. JAGŁOWSKA Marcelina    | 10-08-03 | UKS Technik Augustów       | PD    | 1:58.80 |    |
| 5. JUREWICZ Oliwia        | 10-04-16 | LUKS Hańcza Suwałki        | PD    | 2:01.30 |    |
| 6. BYCUL Małgorzata       | 10-10-01 | KS Podlasie Białystok      | PD    | 2:03.77 |    |
| 7. RZEPECKA Weronika      | 10-01-25 | KS Podlasie Białystok      | PD    | 2:08.46 |    |
| 8. OSTASZEWSKA Julia      | 10-10-31 | KS Parkiet Hajnówka        | PD    | 2:10.60 |    |
| 9. KRAJNA Magdalena       | 10-03-26 | KS Podlasie Białystok      | PD    | 2:12.22 |    |
| 10. SMOCEK Michalina      | 10-02-17 | UKS Technik Augustów       | PD    | 2:13.80 |    |





### 80 metrów pł K U16

|                      |                                |       |          |
|----------------------|--------------------------------|-------|----------|
| Bieg 1/2             | +0.7 M/S                       | 10:43 |          |
| 1 NIERODA Oliwia     | 09-04-10 KS Podlasie Białystok | PD    | 15.33    |
| 2 OŁOWNIUK Agnieszka | 10-01-21 LUKS Hańcza Suwałki   | PD    | 16.20    |
| 3 UŁANOWICZ Wiktoria | 10-02-01 LUKS Hańcza Suwałki   | PD    | 16.72    |
| 4 CZAPLEJEWICZ Anna  | 10-01-11 KS Podlasie Białystok | PD    | 17.09 TR |
| Bieg 2/2             | +0.0 M/S                       | 10:47 |          |
| 1 HERMANOWSKA Julia  | 10-03-06 KS Podlasie Białystok | PD    | 13.34 PB |
| 2 PŁACZEK Natalia    | 10-11-17 LUKS Hańcza Suwałki   | PD    | 15.29    |
| 3 WASZCZUK Gabriela  | 10-06-09 KS Podlasie Białystok | PD    | 16.18    |
| 4 PAŁUSKA Wiktoria   | 10-04-05 LUKS Hańcza Suwałki   | PD    | 16.60    |
| 5 PUL Justyna        | 09-06-02 KS Podlasie Białystok | PD    | 16.79    |

### Pchnięcie kulą K (3kg) U16 PK

|                    |                                             |    |       |    |    |
|--------------------|---------------------------------------------|----|-------|----|----|
| 1 ONISZCZUK Oksana | 09-03-08 KS Podlasie Białystok              | PD | 10.80 | PB | PK |
| ONISZCZUK Oksana   | I 9.70 II 10.80 III x IV 10.56 V x VI 10.38 |    |       |    |    |

### Pchnięcie kulą K U16 (3kg)

|                        |                                     |    |      |    |
|------------------------|-------------------------------------|----|------|----|
| 1 MASŁOWSKA Klara      | 10-04-16 KS Podlasie Białystok      | PD | 8.43 | PB |
| 2 KOSSAKOWSKA Karolina | 10-07-24 KS Podlasie Białystok      | PD | 8.04 | PB |
| 3 NAUMOWICZ Aleksandra | 09-08-28 KS Podlasie Białystok      | PD | 7.82 | PB |
| 4 KRYŃSKA Zuzanna      | 10-06-09 UKS Rotmistrz Ciechanowiec | PD | 7.60 |    |
| 5 ZANIEWSKA Amelia     | 09-06-16 GOKSiT Suchowola           | PD | 6.90 | PB |
| 6 SIELAWA Milena       | 09-06-16 LUKS Hańcza Suwałki        | PD | 6.86 | PB |
| 7 AKONOM Weronika      | 09-10-20 UKS Rotmistrz Ciechanowiec | PD | 6.65 | PB |
| 8 ŻUBROWICZ Zuzanna    | 10-02-27 KS Podlasie Białystok      | PD | 6.36 |    |
| 9 ZABUSKA Izabela      | 10-04-10 UKS Rotmistrz Ciechanowiec | PD | 6.21 |    |
| 10 CHOMKO Magdalena    | 10-10-26 KS Podlasie Białystok      | PD | 5.87 |    |

|                      |      |      |      |      |      |      |
|----------------------|------|------|------|------|------|------|
|                      | I    | II   | III  | IV   | V    | VI   |
| MASŁOWSKA Klara      | 7.37 | 7.73 | 8.43 | 8.43 | 8.36 | 8.23 |
| KOSSAKOWSKA Karolina | 7.60 | 7.97 | 7.95 | 7.21 | 8.04 | 7.42 |
| NAUMOWICZ Aleksandra | 7.41 | 7.82 | 7.48 | 7.33 | 7.67 | 7.57 |
| KRYŃSKA Zuzanna      | 6.58 | 7.18 | 7.37 | 7.55 | 7.60 | 7.25 |
| ZANIEWSKA Amelia     | 6.75 | 6.71 | 6.53 | 6.90 | 6.70 | 6.49 |
| SIELAWA Milena       | 5.46 | 6.61 | 6.04 | 6.78 | 6.49 | 6.86 |
| AKONOM Weronika      | 6.65 | 6.26 | 6.38 | 6.14 | 5.91 | 6.27 |
| ŻUBROWICZ Zuzanna    | 6.27 | 5.68 | 5.94 | 5.66 | x    | 6.36 |
| ZABUSKA Izabela      | 5.80 | 5.94 | 6.21 |      |      |      |
| CHOMKO Magdalena     | 5.77 | 5.87 | 4.40 |      |      |      |

### Rzut oszczepem K U16 (500)

|                       |                                     |    |       |    |
|-----------------------|-------------------------------------|----|-------|----|
| 1 MALINOWSKA Monika   | 09-10-01 KS Podlasie Białystok      | PD | 29.75 | PB |
| 2 KUDŁAK Laura        | 10-02-26 KS Parkiet Hajnówka        | PD | 26.67 | PB |
| 3 MURAWSKA Milena     | 10-08-05 LUKS Hańcza Suwałki        | PD | 25.38 | PB |
| 4 WIŚNIEWSKA Karolina | 10-07-26 KS Podlasie Białystok      | PD | 23.63 | PB |
| 5 ŁUCZAJ Martyna      | 09-03-13 KS Podlasie Białystok      | PD | 22.36 |    |
| 6 KRYSZTOPOWICZ Laura | 10-06-06 KS Podlasie Białystok      | PD | 16.88 |    |
| 7 CZOŁOMIEJ Oliwia    | 10-05-21 UKS Rotmistrz Ciechanowiec | PD | 16.87 |    |
| 8 SIELAWA Milena      | 09-06-16 LUKS Hańcza Suwałki        | PD | 12.56 |    |
| NIEMYJSKA Emilia      | 10-05-28 UKS Rotmistrz Ciechanowiec | PD | NM    |    |

|                     |       |       |       |       |       |       |
|---------------------|-------|-------|-------|-------|-------|-------|
|                     | I     | II    | III   | IV    | V     | VI    |
| MALINOWSKA Monika   | 23.36 | 26.60 | 29.75 | 27.04 | 27.44 | 26.03 |
| KUDŁAK Laura        | 26.16 | 24.66 | 26.67 | 25.03 | 25.06 | 23.46 |
| MURAWSKA Milena     | x     | 23.23 | x     | 25.38 | x     | 19.26 |
| WIŚNIEWSKA Karolina | 21.65 | x     | 18.68 | 23.07 | 23.63 | 17.88 |
| ŁUCZAJ Martyna      | 19.79 | x     | 22.36 | 17.13 | 20.21 | 19.65 |
| KRYSZTOPOWICZ Laura | 15.50 | 15.69 | 16.88 | 13.61 | 10.70 | x     |
| CZOŁOMIEJ Oliwia    | 14.64 | 16.30 | x     | 16.87 | x     | x     |
| SIELAWA Milena      | 12.56 | 9.92  | 12.49 | r     |       |       |
| NIEMYJSKA Emilia    | x     | x     | x     |       |       |       |

### Rzut oszczepem K (500) - PK

|                         |                                     |    |       |    |    |
|-------------------------|-------------------------------------|----|-------|----|----|
| 1 CZAUSZ Wiktoria       | 09-10-14 KS Podlasie Białystok      | PD | 30.06 | PB | PK |
| 2 MAZURCZYK Julia       | 09-05-25 KS Podlasie Białystok      | PD | 28.49 | SB | PK |
| 3 SADOWSKA Julia        | 09-08-28 KS Podlasie Białystok      | PD | 25.47 | PB | PK |
| 4 PRZYMIERSKA Michalina | 09-03-05 KS Podlasie Białystok      | PD | 23.72 |    | PK |
| CZAUSZ Wiktoria         | 20.70 25.27 24.74 27.03 28.62 30.06 |    |       |    |    |
| MAZURCZYK Julia         | 28.49 27.70 26.91 27.65 x 27.46     |    |       |    |    |
| SADOWSKA Julia          | 21.67 x 22.45 19.59 24.52 25.47     |    |       |    |    |
| PRZYMIERSKA Michalina   | 23.72 x x 19.03 20.37 x             |    |       |    |    |

### Skok wzwyż K U16

|                      |                                |    |      |
|----------------------|--------------------------------|----|------|
| 1 JASIELON Julia     | 09-04-03 LUKS Hańcza Suwałki   | PD | 1.65 |
| 2 ULIKOWSKA Sandra   | 09-06-01 LUKS Hańcza Suwałki   | PD | 1.55 |
| 3 MILEWSKA Lena      | 10-01-06 LUKS Hańcza Suwałki   | PD | 1.40 |
| 4 MILEWSKA Amelia    | 10-01-06 LUKS Hańcza Suwałki   | PD | 1.40 |
| 5 UŁANOWICZ Wiktoria | 10-02-01 LUKS Hańcza Suwałki   | PD | 1.40 |
| 6 SMORCZEWSKA Pola   | 09-11-27 KS Podlasie Białystok | PD | 1.40 |

115 120 125 130 135 140 145 150 155 160 165 168



|                    |   |   |   |   |    |     |     |     |    |      |     |     |
|--------------------|---|---|---|---|----|-----|-----|-----|----|------|-----|-----|
| JASIELON Julia     | - | - | - | - | -  | -   | -   | 0   | 0  | 0    | XX0 | XXX |
| ULIKOWSKA Sandra   | - | - | - | - | -  | -   | -   | X0  | X0 | XXXX |     |     |
| MILEWSKA Lena      | - | 0 | 0 | 0 | 0  | 0   | xxx |     |    |      |     |     |
| MILEWSKA Amelia    | 0 | 0 | 0 | 0 | 0  | x0  | 0   | xxx |    |      |     |     |
| UŁANOWICZ Wiktoria | - | 0 | 0 | 0 | x0 | x0  | xxx |     |    |      |     |     |
| SMORCZEWSKA Pola   | - | - | - | - | -  | xx0 | xxx |     |    |      |     |     |

#### Skok w dal K U16

|                        |          |                            |    |      |    |      |
|------------------------|----------|----------------------------|----|------|----|------|
| 1 JASIELON Julia       | 09-04-03 | LUKS Hańcza Suwałki        | PD | 5.00 | PB | +1.8 |
| 2 RYNKIEWICZ Oliwia    | 10-04-03 | LUKS Hańcza Suwałki        | PD | 4.19 |    | -0.2 |
| 3 PUTRA Inga           | 10-07-02 | LUKS Hańcza Suwałki        | PD | 4.19 |    | +0.6 |
| 4 SIENKO Patrycja      | 10-10-26 | KS Podlasie Białystok      | PD | 4.16 |    | 0.0  |
| 5 SMORCZEWSKA Pola     | 09-11-27 | KS Podlasie Białystok      | PD | 4.12 |    | +0.4 |
| 6 MILEWSKA Lena        | 10-01-06 | LUKS Hańcza Suwałki        | PD | 4.12 | PB | -1.5 |
| 7 MILEWSKA Amelia      | 10-01-06 | LUKS Hańcza Suwałki        | PD | 3.98 |    | +0.2 |
| 8 ŻŁOBKOWSKA Dominika  | 09-12-16 | KS Podlasie Białystok      | PD | 3.87 | PB | -0.7 |
| 9 CZARNAK Klaudia      | 10-11-18 | UKS Rotmistrz Ciechanowiec | PD | 3.49 | PB | -0.5 |
| 10 SOKOŁOWSKA Patrycja | 09-01-05 | UKS Rotmistrz Ciechanowiec | PD | 3.40 |    | -0.1 |
| KOSEWICZ Maja          | 10-07-13 | KS Prefbet-Sonarol         | PD | NM   |    |      |
| NEJFERT Aleksandra     | 10-05-27 | LUKS Hańcza Suwałki        | PD | NM   |    |      |

|                     | I    | II   | III  | IV   | V    | VI   |
|---------------------|------|------|------|------|------|------|
| JASIELON Julia      | x    | x    | 4.66 | 4.57 | 4.67 | 5.00 |
|                     | +0.1 | +1.0 | +0.1 | -0.6 | -0.2 | +1.8 |
| RYNKIEWICZ Oliwia   | 4.15 | 4.19 | 3.82 | 4.14 | 3.88 | 4.14 |
|                     | +0.5 | -0.2 | -0.1 | -0.2 | -0.5 | -0.5 |
| PUTRA Inga          | 4.19 | 3.88 | 4.11 | 3.90 | 3.93 | x    |
|                     | +0.6 | +1.3 | -0.2 | +0.7 | -1.3 | +1.7 |
| SIENKO Patrycja     | 4.11 | 3.58 | 4.09 | 3.96 | 4.07 | 4.16 |
|                     | +0.2 | -0.3 | +0.7 | -0.1 | -1.3 | 0.0  |
| SMORCZEWSKA Pola    | 4.12 | 4.08 | 3.94 | 4.04 | 4.02 | x    |
|                     | +0.4 | -0.2 | -0.5 | +0.7 | -0.4 | -0.6 |
| MILEWSKA Lena       | 3.76 | 4.01 | 3.96 | 3.65 | 4.12 | 3.97 |
|                     | +0.8 | -0.3 | 0.0  | -0.5 | -1.5 | -0.2 |
| MILEWSKA Amelia     | 3.76 | 3.82 | 3.76 | 3.88 | 3.98 | 3.42 |
|                     | -0.2 | +0.6 | -0.1 | +0.1 | +0.2 | +0.5 |
| ŻŁOBKOWSKA Dominika | 3.57 | 2.50 | 3.73 | 3.77 | 3.87 | 3.61 |
|                     | +1.0 | -0.4 | +0.5 | +0.8 | -0.7 | -1.3 |
| CZARNAK Klaudia     | 3.49 | 3.44 | 3.48 |      |      |      |
|                     | -0.5 | -0.4 | +0.4 |      |      |      |
| SOKOŁOWSKA Patrycja | 3.17 | 2.64 | 3.40 |      |      |      |
|                     | +1.1 | +0.5 | -0.1 |      |      |      |
| NEJFERT Aleksandra  | x    | x    | x    |      |      |      |
|                     | -0.1 | +0.3 | +0.6 |      |      |      |
| KOSEWICZ Maja       | x    | x    | x    |      |      |      |
|                     | +0.4 | +0.4 | -0.1 |      |      |      |

#### Rzut piłeczką palantową K (150) U12

|                     |          |                       |       |       |
|---------------------|----------|-----------------------|-------|-------|
| 1 STASIEWICZ Oliwia | 13-07-16 | KS Podlasie Białystok | PD    | 23.50 |
| 2 SZYMAŃSKA Natalia | 13-04-16 | KS Podlasie Białystok | PD    | 19.00 |
| 3 OLESIUŁ Klaudia   | 13-02-19 | KS Podlasie Białystok | PD    | 19.00 |
| 4 MILEWSKA Wiktoria | 13-02-20 | KS Podlasie Białystok | PD    | 18.00 |
| STASIEWICZ Oliwia   | 23.50    | 23.00                 | 20.50 | 19.50 |
| SZYMAŃSKA Natalia   | 18.50    | 19.00                 | 18.50 | x     |
| OLESIUŁ Klaudia     | 19.00    | x                     | 12.00 | 2.50  |
| MILEWSKA Wiktoria   | 8.50     | 18.00                 | 15.50 | 12.00 |

#### 1000 metrów K U14

|                           |          |                       |    |         |    |
|---------------------------|----------|-----------------------|----|---------|----|
| 1 CHABASIŃSKA Nikola      | 11-09-04 | UKS Technik Augustów  | PD | 3:28.08 |    |
| 2 DROZDOWSKA Zuzanna      | 11-03-27 | KS Podlasie Białystok | PD | 3:29.59 | PK |
| 3 ZALEWSKA Julia          | 11-11-02 | UKS Technik Augustów  | PD | 3:42.48 |    |
| 4 BŁASZKIEWICZ Aleksandra | 12-02-18 | UKS Technik Augustów  | PD | 3:43.39 |    |
| 5 RAŻNIEWSKA Alicja       | 12-12-29 | LUKS Hańcza Suwałki   | PD | 3:45.97 |    |
| 6 PAULAKOWSKA Maja        | 11-08-09 | LUKS Hańcza Suwałki   | PD | 3:47.35 |    |
| 7 KICZKAŁO Nikola         | 11-04-11 | KS Podlasie Białystok | PD | 3:49.24 |    |
| 8 KOWALCZYK Wiktoria      | 12-07-18 | UKS Technik Augustów  | PD | 3:49.63 |    |
| 9 KRASZEWSKA Gabriela     | 11-08-25 | KS Prefbet-Sonarol    | PD | 3:49.84 |    |
| 10 RUBA Urszula           | 11-05-14 | UKS Technik Augustów  | PD | 3:50.78 |    |
| 11 OKRĄGŁA Maja           | 11-07-27 | UKS Technik Augustów  | PD | 3:52.58 |    |
| 12 MATYSIUŁ Maja          | 11-09-29 | KS Podlasie Białystok | PD | 3:54.97 |    |
| 13 OCHRYMIUK Amelia       | 11-06-18 | KS Podlasie Białystok | PD | 3:57.52 |    |

#### 2000 metrów chód K U14

|                  |          |                 |    |          |
|------------------|----------|-----------------|----|----------|
| 1 KRYSZCZYK Anna | 11-06-29 | LKS Narew Łomża | PD | 17:55.03 |
| 2 RYDZEWSKA Maja | 11-07-13 | LKS Narew Łomża | PD | 18:25.36 |

#### Pomiar czasu Fotofinish LYNX - Jan Maleszewski

